

DECEMBER 5 TO DECEMBER 9

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	VEGGIES & DIP	GRILLED CHEESE & TURKEY	FRUITS & YOGURT
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	PEROGIES & SAUSAGE	MUFFINS
W E D	OATMEAL FRUITS MILK	CHEESE & CRACKERS	EGG SALAD SANDWICH	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & CHEESE	RICE CHICKEN SAUTÉ VEGGIES	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	TORTILLA TURKEY SANDWICH	SPECIAL DESSERT (JELLO OR PUDDING)

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

DECEMBER 12 TO DECEMBER 16

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	VEGGIES & DIP	MARINARA PASTA	APPLE SAUCE AND CRACKERS
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	CHEESE OMELETTE AND TOASTS	MUFFINS
W E D	OATMEAL FRUITS MILK	BOILED EGGS & CRACKERS	CHICKEN NOODLE SOUP & TOAST	APPLE SAUCE & COOKIE
T H U	CEREALS FRUITS MILK	RICE CRACKER & CHEESE	WAFFLES & JAM	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	MEATBALLS POTATOES AND CORN	SPECIAL DESSERT

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

DECEMBER 19 TO DECEMBER 23

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	YOGURT AND FRUITS	CHICKEN QUESADILLA	BOILED EGG AND CRACKERS
T U E	TOAST FRUITS MILK	VEGGIES AND DIP	CHICKEN POT PIE	MUFFINS
W E D	OATMEAL FRUITS MILK	CHEESE & CRACKERS	TOMATO SOUP	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & CHEESE	COLD CUTS CHEESE AND CRACKERS	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	MAC AND CHEESE	APPLE SAUCE AND COOKIE

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

JANUARY 3 TO JANUARY 6

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	WAFFLES AND JAM	MUFFINS
W E D	OATMEAL FRUITS MILK	CHEESE & CRACKERS	QUICHE LORRAINE	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & BOILED EGGS	CHICKEN NOODLES SOUP	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	TORTILLA TURKEY SANDWICH	SPECIAL DESSERT (JELLO OR PUDDING)

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

JANUARY 9 TO JANUARY 13

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	YOGURT AND FRUITS	CHICKEN FINGER AND VEGGIES	MUFFINS
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	CHEESE OMELETTE AND TOASTS	MUFFINS
W E D	OATMEAL FRUITS MILK	CHEESE & CRACKERS	NOODLE SOUP	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & CHEESE	RICE CHICKEN SAUTÉ VEGGIES	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	TORTILLA TURKEY SANDWICH	SPECIAL DESSERT (JELLO OR PUDDING)

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

JANUARY 16 TO JANUARY 20

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	VEGGIES & DIP	PEROGIES AND SAUSAGE	FRUITS
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	GRILLED CHEESE AND TURKEY	MUFFINS
W E D	OATMEAL FRUITS MILK	BOILED EGGS & CRACKERS	CHICKEN POT PIE	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & CHEESE	MEATBALL RICE AND CORN	FRUITS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	MINI PIZZA	SPECIAL DESSERT (JELLO OR PUDDING)

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

JANUARY 23 TO JANUARY 27

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
M O N	CEREALS FRUITS MILK	VEGGIES & DIP	COLDCUTS BUFFET	FRUITS
T U E	TOAST FRUITS MILK	YOGURT AND FRUITS	MAC AND CHEESE	MUFFINS
W E D	OATMEAL FRUITS MILK	FRUITS	EGG SALAD SANDWICHES	APPLE SAUCE & COOKIE
T H U	WAFFLES FRUITS MILK	RICE CRACKER & CHEESE	PANCAKES AND SAUSAGE	MUFFINS
F R I	CEREALS FRUITS MILK	FRUIT & YOGURT	CHICKEN QUESADILLA	SPECIAL DESSERT (JELLO OR PUDDING)

EVERYDAY DRINKS:

WE ENCOURAGE CHILDREN TO DRINK WATER BETWEEN MEALS
WE OFFER MILK AND SOMETIMES JUICE AT MEALS

